



Hitech **Physiotherapy Clinic**

Musculo-skeletal Rehab :

Posture correction, Neck pain, Spondylosis, Upper & lower back pain, Joint stiffness, Frozen Shoulder, Calcaneal spur, Plantar fascitis, Repetitive strain injury. Rotator cuff injury, Trigger finger.

Sports Rehab :

Bursitis, Tendinitis, Sprain & Strain, Ligament injury like ACL, PCL, MCL, LCL, Muscle & Tendon injury, Meniscus injury. Tennis Elbow, Jumpers Knee, Runner's knee.

Ortho Rehab :

Amputation, Slip disc, Post fracture stiffness, Tendon Transfer, Arthritis: Bow / Knock knee, Joint replacement

Vascular Rehab :

Immobile patient Pre, Intra & Post operative, Varicose veins, DVT, Buerger's disease, Lymphoedema

Neuro Rehab :

Paresis, Paralysis, Facial/Bell's palsy, Nerve injury like Wrist Drop/Foot Drop, CTS, Cervical / lumbar radiculopathy, Sciatica, Stroke, Parkinson's, Transverse myelitis, GB syndrome, Vertigo. Post polio residual palsy.

Geriatric Rehab :

Arthritis, Osteoporosis, Balance & Equilibrium.

FACILITIES:

Electro Therapy

- Venoplus* Pressure Therapy*
- Russian Current (KOTZ) IFT TENS UST Traction Therapy
- Super specialised FISIOLASER-SCAN (Class-3B &4)
- Neuro Muscular Electrical stimulator (NMES)
- Extracorporeal Shockwave Therapy*
 Transfer Capacitive Resistive Energy (TCaRE)*

Exercise Therapy

 Magic Sit • Gait Training • Continuous Passive Motion (CPM) Upper & Lower Limb Exerciser (Arti-Rehab) Shoulder Wheel (Rota) Balance Training (Wobble Board / Trampoline) • Continuous Progressive Resistance Exerciser (CPRE)

Pilates

• Mat • Swiss Ball • Body Bolster • Exercise station / Fit Band

- Manual Therapy
 - Soft Tissue Mobilization
 Joint Mobilization
 - Neural mobilization
- **Ergonomics & Preventive Health Care** Pillow • Moving Sit • Sit on Air • Comfort a Back

Diagnostic / Biofeedback

- SD Curve / IT Curve Cervical Range of Motion (CROM)
- · Podoscope (Foot arch Analyser).

Hand Rehab

- Thera Putty Press Balls Press Eggs Ergo Ball
 Supination-Pronation tool Flexion-Extension tool
- Kinesiotaping

(SISSE)

Activities of Daily Living (ADL)

* Starting shortly

Hitech Prosthetics & Orthotics Lab (Artificial Limbs & Supports)

- Prosthetics and Orthotics (P&O) Lab offers a complete range of quality P & O devices and services having specialization in customized orthoses (braces) and prosthesis (artificial limbs), along with prefabricated off the shelf braces.
- U With the Hitech in-house facilities your customized P& O requirements can be fabricated in days and not in weeks, with latest P& O equipments, tools, materials and gait training facility monitored by qualified professionals & well trained staffs having their relevant expertise in serving the best.
- Gait-training facilities along with bio-feed back stimulation



Hold Order VIII CREEDOM PACELINE RAVEN BIBDOFON 🔤 뻎 💹

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